

Pride is All around Us

A message from Kathleen,
Openhouse Executive Director

June is filled with celebrations including Juneteenth. On June 19, 1865 freedom was proclaimed from the brutal institution of slavery for all enslaved people in Texas, the last state to enslave black people. This year Openhouse, led by Ephraim Getahun, will be holding a wellness event for African American community members in recognition and celebration of this National Holiday. Come for food and some pampering!

It is also PRIDE month. I remember the first PRIDE event I went to—in the late 1980s. I was in a small town in Virginia, and PRIDE was indoors in a small abandoned machine shop. We were all afraid to be out and, even more, to be seen. There was no parade or signage outside the machine shop, you had to know someone to get the address, and people came from miles around to be in community—even if that meant hanging out in a dusty old shop with our sign-in sheets and PRIDE paraphernalia on rickety old card tables borrowed from a Unitarian Church more than 20 miles away.

This year, our theme is Love is AGELESS and we will be OUT and PROUD—from the Trans Intergen Brunch to marching in the Parade, speaking on the Main Stage, and holding our first PRIDE celebration party at 75 Laguna. While much has changed since my first PRIDE, there are still attacks on our community—from the attack on women that seeks to strip away bodily sovereignty to over 200 legislative attacks on LGBTQ+ people, especially trans youth, across the country. Many of our rights are directly tied to the Roe vs. Wade decision, and the long-term impact of overturning Roe could be devastating for our community.

AND, our community is vibrant and strong. While we have challenging times ahead, we also know how to come together as a community and extend love and grace to one another. Let's celebrate our community with the most amazing PRIDE month ever!

Peace and see you this month,
Kathleen

JUNE 2022

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Hybird & In-Person Programming is Here!

A note about location descriptions:

When looking at ads for program locations you will see "via Zoom", "Hybrid", or "In-person" under the title. Here is what each of those mean:

Via Zoom: this program takes place online and you will need to RSVP to get a Zoom link.

Hybrid: this program takes place via Zoom and in-person at the same time. You will need to RSVP for both the Zoom link or to come in person.

In-Person: this type of program takes place entirely in person. Must RSVP to come in person.

Openhouse Pride 2022 Events

"Love is Ageless"

Poster Making Party:

Make your voice heard this Pride!

Saturday, June 4, 11AM - 3PM, 75 Laguna

LGBTQ seniors will lead the parade this year - help us make posters and decorations! Art supplies and snacks will be provided. If you can't make it, send us your ideas and we will work to create a poster with your words or slogans on it. Drop -in and join Openhouse staff, community members and volunteers as we prepare to show our pride!



Queer Women of Color Media Arts Project (QWOCMAP)

June 10 -12, Presidio Theatre in the Presidio National Park, 99 Moraga Ave

Join us for the Opening Night Screening: Intimate Regenerations
Friday, June 10, 7PM (doors open at 6PM)

QWOCMAP will premiere 35 films at the FREE International Queer Women of Color Film Festival. The 18th anniversary Festival Focus, "Love, Embodied" transmits networks of liberatory intimacy

and collective care that traverse time and place. All films are Subtitled for Deaf and Hard-of-Hearing and Audio Described for the Blind and Low Vision, and ASL interpretation will be provided along with many other forms of accessibility.

For info, visit: <https://festival2022.qwocmap.org/>

National AIDS Memorial Quilt Display

June 11 & 12, 10AM - 5PM, Robin Williams Meadow in Golden Gate Park

The National AIDS Memorial will mark the 35th anniversary of the AIDS Memorial Quilt with an historic outdoor display in Golden Gate Park that will feature 3,000 hand-stitched panels of the Quilt. This free public event will take place each day in the Robin Williams Meadow. Openhouse has been invited to be part of the Resource Fair at the event and we hope to see you there.

Pride Events continued

Señora Felicia Flames Trans Intergenerational Brunch

Friday, June 24, 10:30AM - 1PM, Dolores Park (at 19th and Dolores)

There will be signs in the park! No need to RSVP



SF Aids Foundation, LYRIC, Trans March, and Openhouse are proud to once again host Pride's main intergenerational event. We are excited to celebrate youth and elders, as they work together to build a strong LGBTQIA2S++ community. The event includes a delicious brunch in Dolores Park under a comfy canopied area and activities to foster connection across the ages. Brunch is followed by the Trans March rally and march!

While all are welcome, the brunch will center TGNC community and invite them to the front.

Come Find our Booth at Civic Center

Saturday, June 25 and Sunday, June 26, 10AM - 4PM

Openhouse will have a booth at the San Francisco Pride Festival! Come by and see us on either day to learn more about programs, services, and resources available to our beloved community! Our partners On Lok will also be tabling with us and can provide information on how to enroll into the Community Day Services program (Club 75) at Openhouse, and their PACE program.

March with Openhouse in the Pride Parade

Sunday, June 26, RSVP Required

Get ready to come back out and show your Pride! After 2 years, we are back on the parade route and excited to bring community members, staff, Board members, and volunteers down Market Street to the cheers and clapping of folks eager to welcome us all back! Pride T-Shirts and goodies will be provided to parade participants.



We will again be in the top 10 in the parade line up. When we get to the end of the parade we will invite community members to join us back at Openhouse for a Pride party and a chance to watch the rest of the parade live!

To RSVP: pride@openhousesf.org or (415) 728-0195

Pride Events continued

Come see Openhouse on the Main Stage at Civic Center! Sunday, June 26, 12:30PM

We are so excited to be invited back to honor the experiences, lives, and resilience of our LGBTQ Senior Community! We look forward to seeing you there.



"Love is Ageless" Pride Party

Sunday, June 26, 12PM - 3PM, In-person at 75 Laguna St, RSVP Required



We are thrilled to welcome you all to our "Love is Ageless" Pride celebration party being held in our new Openhouse Community Center (Club 75)! We will have many ways that folks can safely enjoy themselves in our large center. We will be live streaming the parade too! There will be food, refreshing beverages, and music to groove to if you so desire!

Masks are required to enter the building.

RSVP: pride@openhousesf.org or (415) 728-0195

In honor of Pride, we asked you to tell us about a time you witnessed joy, celebration, or solidarity in the LGBTQ Community.

From Community Member Lynn Jordan:

"Pride since Stonewall has been (and is) the action and reaction of claiming our civil rights and...our liberation [by] standing up and standing out. You cannot be held down when you are about your rising. We continue to claim our pride when:

- We reject wearing the labels that speak of hate, bigotry, and intolerance.
- We dance in the light of a rainbow of colors that is a CELEBRATION OF BEING OUR AUTHENTIC [SELVES]
- We are our resistance, our resilience, and our unyielding to a narrative of oppression
- We are claiming our power to speak and live our truths into the creation stories of being our change. "

Starting this Month

Beginning Japanese Returns to Openhouse

Mondays, June 6 - August 8, 3 - 4:30PM, via Zoom

In addition to teaching the language, instructor Dan Stewart will incorporate insights into the history and culture of Japan. Dan's experience and his lighthearted approach to the subject matter have made his classes among the most popular here at Openhouse.

Register with Armando: apaone@openhousesf.org or (415) 728-0194

Self-Compassion and Belonging

Tuesdays, starting June 14, 11AM - 12:30PM, via Zoom

We'll discuss what keeps you going, what gives you a sense of meaning and purpose and learn some new tools for relieving stress and creating resiliency. This group is facilitated by Molly Reno, a somatic life coach and facilitator who has been leading Self Care and Self Compassion support groups at Openhouse since 2012.

Register to rsvp@openhousesf.org or (415) 231-5871

Muttville is Back In-Person! New day, time, and place!

Friday, June 17, 1PM - 2PM, at Muttville Headquarters: 255 Alabama St.

Join us for a monthly in-person visit to Muttville where we hang out in the cozy Muttville headquarters where we'll enjoy each others' company and spend time with some delightful doggies!



Space is very limited and an RSVP is required.

RSVP to Kevin: koneal@openhousesf.org or (628) 263-3262

Classes in Conversational French

Tuesdays, June 21 - August 9, 3 - 4:30PM, Hybrid at 75 Laguna and on Zoom

Our resident French teacher, John Frediani, will be presenting this course for those who wish to apply their knowledge of French toward improving basic conversation skills. A grammar review may be needed depending on class needs and requests, all with the goal of improved communication in French.

Register with Armando: apaone@openhousesf.org or (415) 728-0194

Check listing for location of each program. Programs will be listed as Virtual, Hybrid, or In-person. For more info call (415) 296-8995.

Get Connected



Juneteenth Celebration

Friday, June 17, 12PM - 2PM

In-Person at 75 Laguna, RSVP Required

In honor of this important date in history, we will be lifting and centering our African American/Black community members with an afternoon wellness event and luncheon in celebration.

To RSVP: rsvp@openhousesf.org or (415) 231-5871

Need Help with Food Support, Grocery Shopping, or Other Errands?

As we continue to transition out of the pandemic, our volunteers are standing by to help you get what you need:



- Weekly Home Delivered Grocery program for those who cook
- Guidance to other food assistance programs in San Francisco
- Help buying groceries, pet food, medications, and other supplies

Interested? Contact Kevin:
koneal@openhousesf.org or
(628) 263-3262

Affordable Housing Workshop:

June 9 and June 28, 2PM
via Zoom

Come demystify the process!

Interested in affordable rental housing in the SF Bay Area? Want to learn more about the lottery system? Openhouse offers online affordable housing workshops every 2nd Thursday and 4th Tuesday of the month, where we go over the steps to start your affordable rental search.

Register online at:
<https://www.openhousesf.org/housing>

Questions? Contact Aisling:
apeterson@openhousesf.org

Check listing for location of each program. Programs will be listed as Virtual, Hybrid, or In-person. For more info call (415) 296-8995.

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Housing and ADRC Drop-In Hours: Wednesdays (1 - 4PM) and Thursdays (9AM - 12PM), 75 Laguna						
			1 "In the Life": Supporting LGBTQ POC, 11AM – 12:30PM RSVP req'd: X311 Clearing House: Cluttering Support 12:30 – 2PM, RSVP req'd: X311	2 Drop-In Meditation, 11 – 11:45AM Reg req'd: X311 Cooking Matters, 11AM – 12:30PM Closed Group Long Term Survivors HIV/AIDS Support Group, 12 – 1:30PM	3 Yiddish, 3 – 4:30PM Closed Group	4 Pride Poster Making 11AM – 3PM Drop-in to 75 Laguna Queer Elder Writing Workshop 12:30 – 2:30PM Art with Elders 2:30 – 4:30PM
5	6 Men's Drop-In Support Group, 2 – 3:30PM Reg req'd: X311 Beginning Japanese 3 – 4:30PM, Reg req'd: X305 "Trans Resilience" TGNC Support Group, 5:30 – 7PM (415) 961-8378 for info	7 Tech Help Call-In Hours By appointment only: X322 Gay Gray Writers, 4 – 6PM Closed Group	8 "In the Life": Supporting LGBTQ POC 11AM – 12:30PM RSVP req'd: X311 Intermediate Spanish, 3 – 4:30PM Reg req'd: X305	9 Drop-In Meditation, 11 – 11:45AM, Reg req'd: X311 Cooking Matters, 11AM – 12:30PM Closed Group Long Term Survivors HIV/AIDS Support Group, 12 – 1:30PM Closed Group	10 Walking Group with Muttville 11AM – 12PM Reg req'd: (628) 263-3262 Living with Loss: Drop-in Grief Support, 1 – 2:30PM Reg req'd: X311 Yiddish, 3 – 4:30PM	11 Queer Elder Writing Workshop, 12:30 – 2:30PM Reg req'd: X311 Art with Elders, 2:30–4:30PM Reg req'd: X316 National AIDS Memorial Quilt Display, info on pg 2
12 Pulse Night of Remembrance	13 Rainbow Lunch 12 – 1:30PM, 75 Laguna Must register to attend: X311 Men's Drop-In Support Group 2 – 3:30PM, Reg req'd: X311 Beginning Japanese 3 – 4:30PM, Reg req'd: X305 "Trans Resilience" TGNC Support Group, 5:30 – 7PM	14 Self Compassion & Belonging 11AM – 12:30PM, RSVP req'd: X311 Trans, 50+ & Fabulous, 5 – 6:30PM Zoom ID: 9669562941 or attend in person (415) 292-3420 for more info	15 "In the Life": Supporting LGBTQ POC 11AM – 12:30PM RSVP req'd: X311 Clearing House: Cluttering Support 12:30 – 2PM, RSVP req'd: X311 Intermediate Spanish, 3 – 4:30PM Reg req'd: X305	16 Drop-In Meditation, 11 – 11:45AM, Reg req'd: X311 Cooking Matters, 11AM – 12:30PM Closed Group Long Term Survivors HIV/AIDS Support Group, 12 – 1:30PM Closed Group	17 Juneteenth Wellness Event 12PM - 2PM Reg Req'd: X311 Yiddish, 3 – 4:30PM Closed Group	18 Queer Elder Writing Workshop 12:30 – 2:30PM Reg req'd: X311 Art with Elders 2:30 – 4:30PM Reg req'd: X316
19 Juneteenth	20 Juneteenth (observed) Openhouse offices closed	21 Self Compassion & Belonging, 11AM – 12:30PM, RSVP req'd: X311 LGBTQ Seniors with Chronic Physical Disabilities Support Group 1 – 2:30PM, Reg req'd: X311 Basic French, 3 – 4:30PM Reg req'd: X305 Gay Gray Writers, 4 – 6PM Closed Group	22 "In the Life": Supporting LGBTQ POC 11AM – 12:30PM, RSVP req'd: X311 LGBTQ Caregivers of those w/ Dementia Support Group 6 – 7:30PM, Reg req'd: X315 Intermediate Spanish, 3 – 4:30PM Reg req'd: X305	23 Drop-In Meditation, 11 – 11:45AM, Reg req'd: X311 Cooking Matters, 11AM – 12:30PM Closed Group Long Term Survivors HIV/AIDS Support Group, 12 – 1:30PM Closed Group	24 Trans Intergenerational Brunch, 10:30AM - 1PM Dolores Park Info on pg 3	25 Queer Elder Writing Workshop 12:30 – 2:30PM Reg req'd: X311 Openhouse Tabling at Civic Center, info on pg 3
26 Pride Parade RSVP: (415) 728-0195 Pride Party, 75 Laguna 12-3PM RSVP to (415) 728-0195	27 Day after Pride Openhouse offices closed	28 Stonewall Riots Anniversary Self Compassion & Belonging 11AM – 12:30PM, RSVP req'd: X311 Sister Circle, 12 – 1:30PM 75 Laguna & online, RSVP: X311 Housing Workshop, 2 – 3:30PM RSVP req'd: X310 Basic French, 3 – 4:30PM Reg req'd: X305 Trans, 50+ & Fabulous, 5 – 6:30PM	29 "In the Life": Supporting LGBTQ POC 11AM – 12:30PM RSVP req'd: X311 Intermediate Spanish, 3 – 4:30PM Reg req'd: X305	30 Drop-In Meditation, 11 – 11:45AM, Reg req'd: X311 Long Term Survivors HIV/AIDS Support Group, 12 – 1:30PM Closed Group	July 1 Yiddish, 3 – 4:30PM Closed Group	2 Queer Elder Writing Workshop 12:30 – 2:30PM Reg req'd: X311 Art with Elders 2:30 – 4:30PM Reg req'd: X316

Have Fun and Get Creative!

Virtual Drop-In Meditation

Thursdays, 11 - 11:45AM, via Zoom

Mindfulness meditation is an easily learned practice that can help us cope and be more physically and mentally resilient in a time when we are living with increased uncertainty and uneasiness. With this practice, we invite you to give your mind a break and create more space.

RSVP at rsvp@openhousesf.org
or (415) 231-5871

Presented in
partnership with
Shanti Project



Join us for Rainbow Lunch!

June 13, 12 - 1:30PM

In-Person at 75 Laguna

Space is limited. RSVP required

Join us as we connect, hang out, and share a meal. In order to ensure everyone is able to have a COVID-safe Rainbow Lunch experience, we are requiring an RSVP in order to attend.

RSVP: rsvp@openhousesf.org
or (415) 231-5871

Please note: there is no Rainbow Lunch on June 27 as Openhouse will be closed.

Join our monthly walks with Muttville!

Friday, June 10, 11AM - 12PM

RSVP for location details

We invite you to join us every 2nd Friday of the month to walk Muttville senior dogs with the Openhouse Walking Group. Muttville will bring some of their dogs to join us as we stroll the neighborhood around Openhouse. You'll be able to walk the dogs if you'd like -- or just get in some good pets!

RSVP: koneal@openhousesf.org or
(628) 263-3262

Sister Circle:

A Women's Social Group

Tuesday, June 28, 12 - 1PM

Hybrid at 75 Laguna and on Zoom

We invite women of all expressions to join us either on Zoom or in person at 75 Laguna for some connection and good conversation. For those joining in person, we will be providing a small meal to go. For those joining via Zoom, we invite you to grab a cup of coffee and pull up a chair.

To join in person, an RSVP is required as space is limited.

RSVP to rsvp@openhousesf.org
or (415) 231-5871

Check listing for location of each program. Programs will be listed as Virtual, Hybrid, or In-person. For more info call (415) 296-8995.

Get Some Support

Living with Loss: Drop-In Grief Support Group

Friday, June 10, 1-2:30PM
via Zoom

There are a variety of losses that we experience, such as loss that relates to isolation and loneliness, losing those we love, or maybe even the loss of the life we had before the pandemic. Join Openhouse and VITAS Healthcare for a space where we can find community and support each other.



This group is co-facilitated by Rabbi Jane Litman and Chaplain Martin Allen.

Register: rsvp@openhousesf.org
or (415) 231-5871

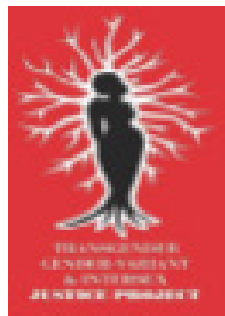
Trans Resilience Support Group

Mondays, 5:30-7PM, via Zoom

Join other transgender and gender non-conforming seniors as we come together to support each other through our individual walks in the trans experience.

Co-presented by
TGI Justice Project.
Hosted by
Ms. Billie Cooper

To register, contact J at
jjha@openhousesf.org
or (415) 961-8378



LGBTQ Seniors with Chronic Physical Disabilities Support Group

Tuesday, June 21, 1-2:30PM
via Zoom

People with chronic physical disabilities often feel left out even when in a group. Join us for a monthly group where we discuss how it feels to be disabled, managing those feelings in a healthy and self-compassionate way, and other topics.

This group is co-facilitated by
Max Lane and Sumi Colligan.

Interested? Contact rsvp@openhousesf.org
or (415) 231-5871

LGBTQ Caregivers of Those with Dementia Support Group

Wednesday, June 22, 6-7:30PM
via Zoom

We welcome diverse
LGBTQ caregivers to
this monthly free drop-in
support group.



Caring for someone with dementia, whether mild or severe, is important and challenging work and inspires many questions about how to deal with what is. Join us as we continue to connect virtually through Zoom.

Register with Ariel:
amellinger@openhousesf.org
or (415) 503-4180

Check listing for location of each program. Programs will be listed as Virtual, Hybrid, or In-person. For more info call (415) 296-8995.

Upcoming Programs

"Places Please" goes to the Gay Nineties!

Mondays, July 11 - August 29, 11AM - 12:30PM, Hybrid at 75 Laguna

This exciting workshop explores '90s LGBTQ+ plays and playwrights and their enormous contributions to U.S. theatre. We'll read and discuss each play, giving an opportunity for actors and would-be actors to take the stage and bring the playwright's words to life. No experience is necessary for Places Please, just an interest in LGBTQ+ theatre.

Facilitator, Jess Miller, RDT EdD, is an Openhouse staff alumna, a Registered Drama Therapist and a proud theatre person/activist. She looks forward to raising the curtain on LGBTQ+ theatre with the Openhouse community.

Register with Armando: apaone@openhousesf.org or (415) 728-0194

Join us for a new session of Reach Out, Come Out, Plug Back In **Thursdays, starting July 14, 4 - 5:30PM, via Zoom**

The lasting impact of COVID-related isolation can be felt deeply by LGBTQ seniors. With the ever-changing prospect of being in-person, we may be confronting a wide range of feelings: emotional residue from the past; overwhelm at changes in restrictions and health expectations; and general uneasiness around engaging in person. This session will specifically engage questions about how awareness of our mortality influences our choices about love and friendship with self and others.

Join facilitator Den Reno, Ph.D., for a closed 8-week session. Space is limited and a conversation with the facilitator is required before joining.

Register to rsvp@openhousesf.org or (415) 231 - 5871

End of Life Planning Workshop

Wednesday, July 20, 10AM - 12PM, via Zoom

Join Brian Elliott-Pekrul from the Aids Legal Referral Panel (ALRP) and a representative from Legal Assistance to the Elderly (LAE), for a presentation on the basics of end of life planning documents. In this presentation, we'll discuss simple wills, Advanced Health Care Directives, Powers of Attorneys, and how to go about getting these important documents completed during this challenging time.

To RSVP, contact rsvp@openhousesf.org or (415) 231 - 5871



Check listing for location of each program. Programs will be listed as Virtual, Hybrid, or In-person. For more info call (415) 296-8995.

Bob Ross LGBT Senior Center
65 Laguna St.
San Francisco, CA 94102
(415) 296-8995
www.openhousesf.org

JUNE 2022

Openhouse's Housing and ADRC Drop-In Hours

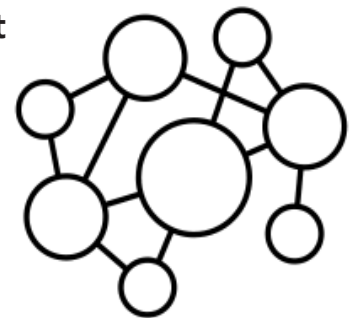
Wednesdays 1-4PM and Thursdays 9AM-12PM, 75 Laguna

Get help with accessing info, looking for housing, filling out forms, and more. **No appointments needed or documents required--just drop by!**

You're not required to bring any documents with you, but the following can be helpful:

- photo ID
- proof of income (i.e. Social Security/SSI benefits letter, pension statement, or recent paystub)
- proof of SF or other residency (i.e. utility bill, internet bill, or copy of lease)
- any relevant housing documents (i.e. eviction notice or letter from landlord)

A face mask is required for entry.



SAN FRANCISCO HUMAN SERVICES AGENCY
**Department of Disability
and Aging Services**

These programs serving the community are funded by the City of San Francisco's Department of Disability and Aging Services.