This year's Pride theme is:

Living Legacies

Our theme comes from the idea that not only do we continue the legacies of those who have come before us, but we are also creating our own as we live.

Inspired by historical queer flower symbolism, Openhouse's Pride bouquet features a green carnation, a pink rose, forget-menots, a violet, lavendar, calla lily, and a pansy. These flowers have been used as emblems for queer resistance and empowerment.

Happy PRIDE Month!

For PRIDE, and in honor of former Openhouse Board Co-Chair Juan Carlos Wallace, the South End Rowing Club (SERC) is offering two free memberships to Openhouse Community members. SERC was founded in 1873 and has 1,300 members who enjoy handball, swimming, rowing and a gym, all onsite. The Club embraces people at all levels, providing instruction, camaraderie, and a welcoming, inclusive atmosphere. The club includes: use of their locker rooms, shower, sauna, free boat usage, social events, and much more. **If you are interested in being put in the lottery, please email Adrienne at apankonin-dahl@openhousesf.org or leave a message at (415) 728-0197. Drawing will be held at the end of July.**

In community,
Kathleen M. Sullivan, Ph.D.
Executive Director

Pride Events

Openhouse LGBTQ Senior Prom!
Thursday, June 8, 3 - 6PM, In-Person at 75 Laguna

We are so excited to bring back the LGBTQ Senior Prom to kick off Pride month!
This is Prom done Openhouse style: no dress code and no date required. We welcome wallflowers, dancing queens, and everything in between. We'll provide a DJ, light appetizers, prom-related prizes, and an amazing time for all -- you just bring your fabulous self!

Make sure to RSVP at rsvp@openhousesf.org or (415) 231-5871

Drag Bingo Tea Time!
Saturday, June 10, 11AM - 1PM, In-Person at 75 Laguna

We have a very special edition of our monthly Drag Bingo Extravaganza! Featuring Palace of Trash, a multi-media, drag, & theatre collective that is sure to captivate! We'll have a wonderful selection of prizes, snacks, and all Bingo supplies will be provided. Please come be in community & enjoy the show.

RSVP at rsvp@openhousesf.org or (415) 231-5871

Queer Women of Color Media Arts Project (QWOCMAP)
June 9 - June 11, In-Person at Presidio Theater in the Presidio National Park
QWOCMAP will premiere 30 films in 6 screenings at the FREE International Queer Women of Color Film Festival. The 19th Annual Festival Focus "Forever Rooted" liberates spores of sovereignty and survivance. Join Openhouse on Sunday, June 11, as we experience two films that have a focus on Elders!

All films are subtitled for Deaf and Hard-of-Hearing, audio described for the Blind and Low Vision, and ASL interpretation will be provided along with many other forms of accessibility. COVID restrictions apply.

For info and to register for free tickets: https://festival2023.qwocmap.org/tickets/

A Special Pride Rainbow Lunch!
Monday, June 12, 12 - 1:30PM
In-Person at 75 Laguna
Please note: there is no Rainbow Lunch on June 26.

Join us for community, a delicious meal, and the very first performance from the CMC Openhouse Choir! Space is limited. **Please RSVP by June 9.**

RSVP at rsvp@openhousesf.org or (415) 231-5871

Pride Events

FRIDAY
JUNE 23, 2023

11:00AM-2:00PM
WOMEN'S BUILDING
3543 18TH ST #8, SAN FRANCISCO

THE SEÑORA
FELICIA FLAMES
INTERGENERATIONAL
TGI BRUNCH

THIS BRUNCH IS HONOR OF
FELICIA ELIZONDO AKA
FELICIA FLAMES,
A TRANS ACTIVIST WHO
PASSED IN 2021.

Señora Felicia Flames Intergenerational TGI Brunch

Friday, June 23, 11AM - 2PM
In-Person at Women's Building

Please join us for the annual Señora Felicia Flames Intergenerational TGI Brunch, open to Transgender, Gender Nonconforming, and Intersex community members of all ages.

This event is co-hosted by LYRIC, Openhouse, San Francisco AIDS Foundation, San Francisco Community Health Center Trans:Thrive, and Trans March.

Questions? Contact tgijunebrunch@openhousesf.org

March with Openhouse in the Pride Parade!

Sunday, June 25, In-Person, Details Provided with RSVP

We are back on the parade route, early in the lineup, and excited to bring community members, staff, Board members, and volunteers down Market Street to the cheers and clapping of folks eager to honor our LGBTQ Older Adult Community! This year, we'll be riding in style in two beautiful trolleys! **Space is limited and those with mobility issues will be prioritized**. Pride t-shirts and goodies will be provided to parade participants.

RSVP required: rsvp@openhousesf.org or (415) 231-5871

Health & Wellness

Virtual Drop-In Meditation
In Partnership with Shanti Project
Thursdays, 11AM - 12PM via Zoom

Mindfulness meditation is an easily learned practice that can help us cope and be more physically and mentally resilient. We invite you to give your mind a break and create more space as we meditate together.

RSVP at rsvp@openhousesf.org or (415) 231-5871

Join Openhouse at Muttville
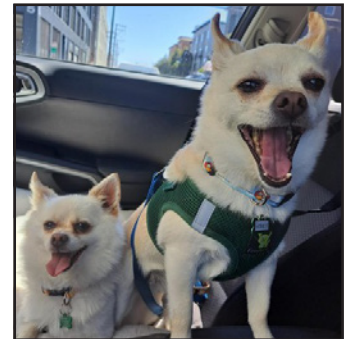Friday, June 16, 2 - 3:30PM
In-Person at 255 Alabama St.

Join us for a monthly in-person visit to Muttville, where we hang out in the cozy Muttville headquarters. We'll enjoy each others' company and spend time with some delightful doggies!

Space is limited and an RSVP is required.

RSVP at rsvp@openhousesf.org or (415) 231-5871

Taller de alquilar viviendas con precio asequible
Miércoles, 21 de Junio, 2023, 11:30AM-12:30PM por Zoom

Acompáñennos miércoles 21 de Junio a las 11am para aprender más sobre vivienda asequible. Nuestros talleres de vivienda están dirigidos a personas mayores LGBTQ y adultos con discapacidades para cubrir los conceptos básicos de cómo buscar y solicitar vivienda asequible, así como apoyo adicional de alquiler, subsidios y otros recursos locales.

Contacte a Dana Arango para registrarse darango@openhousesf.org o (628) 208-0020

Social

Juneteenth Celebration
Friday, June 16, 1 - 3PM
In-Person at 75 Laguna

In honor of this important date in history, we will be lifting and centering our African American/Black community members with an afternoon event and luncheon celebration.
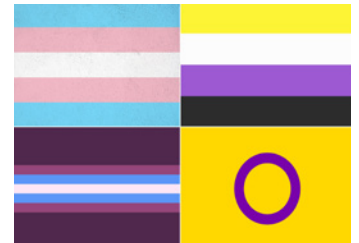
RSVP at rsvp@openhousesf.org or (415) 231-5871

TGI Monthly Meal
Sunday. June 18, 12 - 2PM
In-Person at 75 Laguna

We welcome transgender, gender non-conforming, and intersex community of ALL AGES to our monthly TGNCI gatherings. Catering to be provided by local TGNCI/QTBIPOC folks/businesses.

For additional information, questions, or to RSVP please reach out to:
J Jha (415) 961-8378
or Kiko B. (415) 509-6684

Sister Circle
Tuesday, June 27, 12 - 1:30PM
Hybrid: 75 Laguna & via Zoom

We invite women of all expressions to join us either on Zoom or in person at 75 Laguna for some connection and good conversation. For those joining in person, we will be providing a small meal to go. For those joining via Zoom, we invite you to grab a cup of coffee and pull up a chair.

To join in person, an RSVP is required as space is limited.

RSVP at rsvp@openhousesf.org or (415) 231-5871

Drop-In Social Hours at Openhouse
Thursdays, 2 - 3:30PM, 75 Laguna, RSVP encouraged

Women's Social Hour:
June 1 & 15: we welcome women of all experiences for a social hour happening twice a month.

Men's Social Hour:
June 22: we welcome men of all experiences for a social hour happening only once this month. No social on June 8; join us for Prom!

RSVP at rsvp@openhousesf.org or (415) 231-5871

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
**Housing & ADRC Drop-in Hours, Wednesdays, 1 – 4PM and Thursdays, 10AM – 1PM, 75 Laguna**						
Curry LGBTQ+ Tech Support with Roberto, Drop-In Appointments: Mondays and Wednesdays, 9AM – 12PM, 75 Laguna						
	All programs without a phone number listed, please RSVP to rsvp@openhousesf.org or (415) 231-5871	**All programs are via Zoom unless marked as Hybrid or with a location**		1 Cooking Matters, 11AM-12:30PM, Closed Group, 75 Laguna Meditation, 11AM – 12PM Long Term Survivors HIV/AIDS Support Group, 12 – 1:30PM, Closed Group Women's Social, 2 – 3:30PM, 75 Laguna, RSVP encouraged	2 Yiddish, 3 – 4:30PM, Closed Group	3 Queer Elders Writing Workshop 12:30 – 2:30PM Art with Elders 2:30 – 4:30PM, Closed Group
4 Pride Poster Making Party, 3 – 5PM, 75 Laguna	5 Men's Drop-In Support Group, 2 – 3:30PM, Hybrid "Trans Resilience" TGNC Support Group, 5:30 – 7PM, Hybrid RSVP: (415) 961-8378	6 Openhouse Choir, 11AM – 12:30PM, 75 Laguna Self Compassion, 11AM – 12:30PM Gray Gay Writers, 4 – 6PM, RSVP: (510) 333-4464	7 Clearing House: Cluttering Support,12:30 – 2PM Intermediate Spanish, 3 – 4:30PM, Closed Group	8 Meditation, 11AM – 12PM Long Term Survivors HIV/AIDS Support Group, 12 – 1:30PM, Closed Group Housing Workshop, 2 – 3:30PM RSVP: (415) 347-8509 Senior Prom, 3 - 6PM, 75 Laguna, RSVP encouraged	9 Living with Loss: Drop-in Grief Support, 1 – 2:30 PM Yiddish, 3 – 4:30PM, Closed Group	10 Drag Bingo 11AM – 1PM, 75 Laguna Queer Elders Writing Workshop 12:30 – 2:30PM Art with Elders 2:30 – 4:30PM, Closed Group
11	12 Rainbow Lunch, 12 – 1:30PM 75 Laguna, RSVP required by June 9 Men's Drop-In Support Group, 2 – 3:30PM, Hybrid "Trans Resilience" TGNC Support Group, 5:30 – 7PM, Hybrid RSVP: (415) 961-8378	13 Openhouse Choir, 11AM – 12:30PM, 75 Laguna Trans, 50+ & Fabulous, 5 – 6PM, RSVP: (415) 292-3420	14 "In the Life": Supporting LGBTQ POC, 11AM – 12:30PM, 75 Laguna TGI Spa Day, 2 – 4PM, 75 Laguna, RSVP encouraged Intermediate Spanish, 3 – 4:30PM, Closed Group LGBTQ Caregivers of those w/ Dementia Support Group, 6 – 7:30PM, RSVP: (415) 503-4180	15 Meditation, 11AM – 12PM Unidos/United Meeting, 11:30AM – 1PM, Hybrid Long Term Survivors HIV/AIDS Support Group, 12 – 1:30PM, Closed Group Women's Social, 2 – 3:30PM, 75 Laguna RSVP encouraged Heart of the Matter, 4 – 5:30PM	16 Juneteenth Celebration, 1 – 3PM, 75 Laguna Muttville Visit, 2 – 3PM, 255 Alabama St Yiddish, 3 – 4:30PM, Closed Group	17 Queer Elders Writing Workshop 12:30 – 2:30PM Art with Elders 2:30 – 4:30PM, Closed Group
18	19 **JUNETEENTH** **OPENHOUSE OFFICES CLOSED**	20 Openhouse Choir, 11AM – 12:30PM, 75 Laguna LGBTQ Seniors with Chronic Physical Disabilities Support Group, 1 – 2:30PM Gray Gay Writers, 4 – 6PM "Trans Resilience" TGNC Support Group, 5:30 – 7PM, Hybrid, RSVP: (415) 961-8378	21 Clearing House: Cluttering Support, 12:30 – 2PM Intermediate Spanish, 3 – 4:30PM, Closed Group LGBTQ Caregivers Support Group 4 – 5:30PM, RSVP: asanchez@caregiver.org	22 Meditation, 11AM – 12PM Long Term Survivors HIV/AIDS Support Group, 12 – 1:30PM, Closed Group Men's Social, 2 – 3:30PM, 75 Laguna, RSVP encouraged Heart of the Matter, 4 – 5:30PM	23 Senora Felicia Flames Intergenerational Trans/GNC/Intersex Brunch, 11AM – 2PM, The Women's Building Living with Loss: Drop-in Grief Support, 1 – 2:30 PM Yiddish, 3 – 4:30PM, Closed Group	24 Queer Elders Writing Workshop 12:30 – 2:30PM Art with Elders 2:30 – 4:30PM, Closed Group
25 **SF PRIDE** Join us for the Parade; details on page 3	26 **OPENHOUSE OFFICES CLOSED**	27 Openhouse Choir, 11AM – 12:30PM, 75 Laguna Sister Circle, 12 – 1;30PM, Hybrid Live Music Performance, 1 – 2PM, 75 Laguna Housing Workshop, 2 – 3:30PM RSVP: (415) 347-8509 Trans, 50+ & Fabulous, 5 – 6PM, RSVP: (415) 292-3420 "Trans Resilience" TGNC Support Group, 5:30 – 7PM, Hybrid, RSVP: (415) 961-8378	28 "In the Life": Supporting LGBTQ POC, 11AM – 12:30PM, 75 Laguna Intermediate Spanish, 3 – 4:30PM, Closed Group LGBTQ Caregivers of those w/ Dementia Support Group, 6 – 7:30PM, RSVP: (415) 503-4180	29 Meditation, 11AM – 12PM Long Term Survivors HIV/AIDS Support Group, 12 – 1:30PM, Closed Group Heart of the Matter, 4 – 5:30PM	30 Yiddish, 3 – 4:30PM, Closed Group	31 Queer Elders Writing Workshop 12:30 – 2:30PM Art with Elders 2:30 – 4:30PM, Closed Group

Arts & Culture

Join the CMC Openhouse Choir

Tuesdays, 11AM - 12:30PM, 75 Laguna

Community Music Center's Older Adult Choir Program and Openhouse are collaborating to create a space for LGBTQ Older Adults to connect through the joyful power of music! Led by Director, Jessalyn Levine and Accompanist, Reuben Zellman, we will explore a wide range of choral repertoire per the interests and abilities of the participants and the vision of the director. No prior singing experience is needed!

COMMUNITY MUSIC CENTER
MUSIC FOR EVERYONE SINCE 1921

Live Musical Performance!

Tuesday, June 27, 1 - 2PM, In-Person at 75 Laguna

Openhouse + On Lok's Club 75 invites you to come experience a live performance by a traditional Irish band, Kenny Sommerville and Friends! Be in community and enjoy an amazing show.

RSVP at rsvp@openhousesf.org or (415) 231-5871

Support Groups

LGBTQ Seniors with Chronic Physical Disabilities Support Group

Tuesday, June 20, 1 - 2:30PM
via Zoom

People with chronic physical disabilities often feel left out even when in a group. Join us for a monthly group where we discuss how it feels to be disabled, managing those feelings in a healthy and self-compassionate way, and other topics. This group is co-facilitated by Max Lane and Sumi Colligan.

RSVP at rsvp@openhousesf.org or (415) 231-5871

Trans Resilience Support Group

Mondays, 5:30 - 7PM
Hybrid: 75 Laguna & via Zoom

Join other transgender and gender non-conforming seniors every Monday as we come together to support each other through our individual walks in the trans experience. Come enjoy a lovely meal in-person or join us via Zoom.

ST JAMES INFIRMARY

Co-Presented by St. James Infirmary. Hosted by Ms. Billie Cooper.

To register, contact J: jjha@openhousesf.org or (415) 961-8378

Support Groups

Clearing House:
Drop-In Clutter Support Group
Wednesday, June 7 & 21, 12:30 - 2PM via Zoom

Openhouse and the Mental Health Association of San Francisco welcome you to a support group for all LGBTQ community members age 55+ who "struggle with stuff." The group is a non-judgmental, confidential, supportive space where you can share your struggles and strategies with other LGBTQ folks.

Registration required: rsvp@openhousesf.org or (415) 231-5871

LGBTQ Caregivers of Those with Dementia Support Group
In Partnership with the Alzheimer's Association
Wednesday, June 14 & 28, 6 - 7:30PM via Zoom

We welcome diverse LGBTQ caregivers to this twice monthly drop-in support group. Caring for someone with dementia, whether mild or severe, is important and challenging work and inspires many questions about how to deal with what is. Join us as we continue to connect virtually through Zoom.

RSVP at amellinger@openhousesf.org or (415) 503-4180

LGBTQ Caregiver Support Group
In Partnership with Family Caregiver Alliance
Wednesday, June 21, 4 - 5:30PM via Zoom

We welcome LGBTQ Caregivers for a new monthly support group!
This group is for caregivers of those with a variety of illnesses, disorders, and challenges. Join us via Zoom as we discuss the stresses, challenges, and variety of experiences that come with providing care in our community.

If you are caring for someone with Dementia-specific challenges, we encourage you to check out the LGBTQ Caregivers of those with Dementia Support Group.

RSVP with Adriana Sanchez at asanchez@caregiver.org

Support Groups

Heart of the Matter Community Group
Thursday, June 15, 4 - 5:30PM via Zoom

Join us as we discuss what still matters to you. This group is for those interested in building connection through rich and meaningful conversation about loss and change. Topics for discussion include mortality, regret, faith, hope, and defining the appeal life still offers. We are looking to create a group of diverse life experiences and encourage all who are interested to register.

Space is limited and a conversation with the facilitator is required before joining.

Den Reno, Ph.D. and Licensed Psychologist, is a long-time Openhouse facilitator.

RSVP to rsvp@openhousesf.org or (415) 231-5871

Living with Loss: Drop-In Grief Support Group
Friday, June 9 & 23, 1 - 2:30PM via Zoom

There are a variety of losses that we experience, such as loss that relates to isolation and loneliness, losing those we love, or maybe even the loss of the life we had before the pandemic. Join Openhouse and VITAS Healthcare for a space where we can find community and support each other.

VITAS®
Healthcare

This group is co-facilitated by Rabbi Jane Litman and Chaplain Barb Greve.

RSVP at rsvp@openhousesf.org or (415) 231-5871

Lifelong Learning

Curry LGBTQ+ Tech Support with Roberto
Drop-In appointments at Openhouse:
Mondays & Wednesdays, except June 19 & 26
9AM-12PM, In-Person at 75 Laguna

Curry
Senior
Center

In partnership with Openhouse, Curry Senior Center is offering tech support for LGBTQ+ Seniors & folks with diabilities.

Drop-in & appointments are available, as well as home visits (if reserved in advance).

To make an appointment or learn more about our services, contact Roberto: (415) 439-3555 or ralvarez@curryseniorcenter.org

Lifelong Learning

Genealogy for Openhouse
Wednesdays, July 12, July 26 & August 9, 11AM - 12:30PM, via Zoom

Local LGBTQ amateur genealogist, Phil James, will present a three-part series of classes on genealogy. Each class will focus on a particular aspect of the field. Participants will have the option of taking specific classes or the entire series. **Space is limited and an RSVP is required.**

- July 12: The Basics of Genealogy: What is genealogy? Is there an LGBTQ aspect to it? Is it a beneficial activity for seniors? What are the challenges faced by marginalized populations (people of color, women, LGBTQ ancestors)?
- July 26: Genealogy - The Details: What are the details when gathering data? How to create a family tree from collected data.
- August 9: Genealogy, The Future: What's new in the field? How to ""future-proof"" your work. What do DNA results look like?

RSVP with Armando at armando@openhouse-sf.org or 415-728-0194.

- -

Unidos/United Meeting
Thursday, June 15, 11:30AM-1:30PM, In-Person at 75 Laguna

Llamando a todos los latinos a unirse, hablar sobre nuestras historias culturales, y compartir nuestras historias de salida del armario. Únete a nosotros para un dia de conversación, conexión, y almuerzo mientras celebramos a nuestra comunidad! Este evento levantará y centrará a los miembros de nuestra comunidad latina.

Calling all Latinos to unite, talk about our cultural histories, and share our coming out stories. Join us for an afternoon of conversation, connection, and lunch as we celebrate our community! This event will be lifting and centering our Latino community members.

For questions, contact Luis de la Garza at nosolotaxi@hotmail.com.
RSVP at rsvp@openhousesf.org or (415) 231-5871

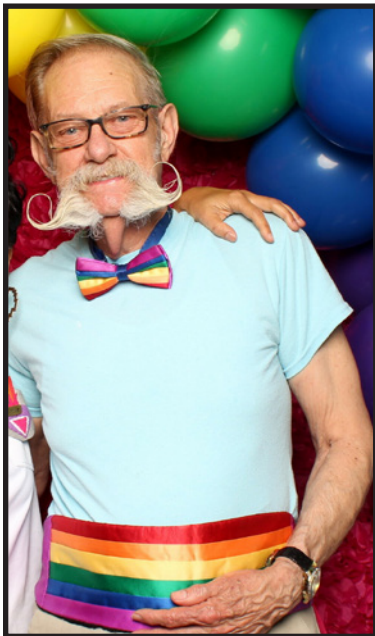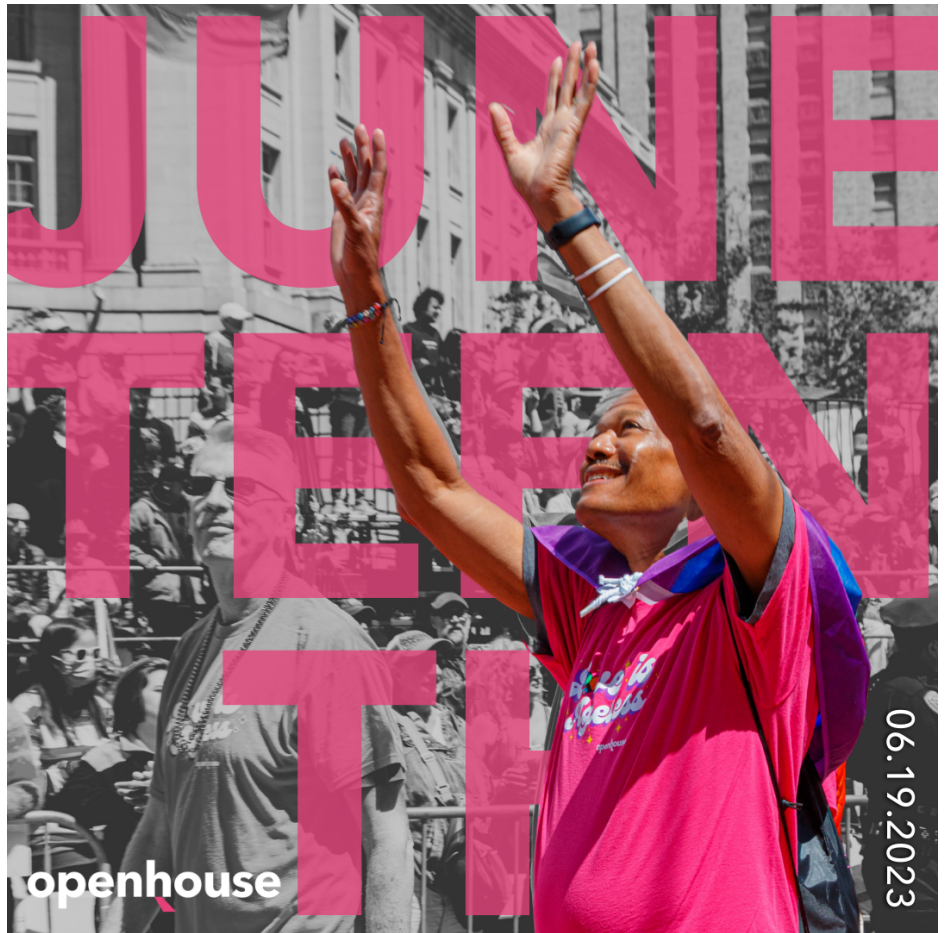- -

Make Intergenerational Connections!

Interested in a friendship with another member/ally of the queer community? That is exactly what the Openhouse Friendly Visitor Program offers – a chance for ongoing social and emotional support, through regular chats or perhaps taking a walk together, visiting a museum or sharing another mutual interest. Let's get connected!

To find out more, contact Rob at rsmith@openhousesf.org or (415) 969-6907

openhouse
community, services, and housing for LGBTQ+ seniors

JUNE 2023

JUNE TEENTH

openhouse

06.19.2023

Openhouse Remembers

Richard "Rick" Siesky

Richard was vivacious and lovely. A long-time Openhouse community member and volunteer, Richard was passionate about plants, an avid volunteer at the Botanical Gardens, and a thoughtful and joyful participant at many Openhouse programs. He could be found wearing an assortment of Rainbow cummerbunds at Openhouse events, and often brought staff plants and flowers as a way to spread joy. Richard, your creative, fun, and thoughtful spirit is missed by the Openhouse community and beyond.

SAN FRANCISCO HUMAN SERVICES AGENCY
Department of Disability and Aging Services

These programs serving the community are funded by the City of San Francisco's Department of Disability and Aging Services.